

[Geef tekst op]

## **International Conference for Applied Psychology 2010, Bruges**

Title of the workshop: **Importance of feedback in treatment**

Lecturer (name/school): Stefaan Baert (Flemish Mental Health Association)

Language : English

Minimum number of participants : 20

Background, and association/connection with the general theme of the conference: **positive psychology**

General speaking, there are two main reasons why professionals should evaluate their treatment results. First, providing feedback and a good therapeutic relationship with clients have positive effects on treatment results. Creating a culture of feedback motivates clients. Second, professionals succeed in identifying successful cases, but frequently fail to identify failing cases. Those clients often drop out. In sum, feedback on treatment results and therapeutic alliance, motivates clients and provides opportunities to change treatment goals. Therefore, the Flemish Mental Health Association developed the online Tool for Outcome Management (TOM).

Specific aims of this workshop:

This workshop aims (1) to provide a theoretical framework on (the measurement of) treatment results, (2) to demonstrate the opportunities of TOM, (3) to learn how to use TOM, and (4) to interpret TOM graphs.

What you will do in this workshop

After a presentation of the theoretical framework, the opportunities of the TOM will be demonstrated, followed by a practical exercise. This exercise consists of two parts: (1) creating clients and entering data, and (2) interpreting graphs.

Recommended literature, min. 3 (as background for students who have to write an essay/paper, in case of 2/3 ECTS)

- Lambert, M.J., Hansen, N.B., & Finch, A.E. (2001). Client-focused research: using client outcome data to enhance treatment effects. *Journal of Consulting and Clinical Psychology, 69*, 159-172.
- Lambert, M.J., Vermeersch, D.A., Smart, D.W., Nielsen, S.L., & Hawkins, E.J. (2003). Improving the effects of psychotherapy: the use of early identification of treatment failure and problem-solving strategies in routine practice. *Journal of Consulting Psychology, 50(1)*, 59-68.
- Miller, S.D., Sorrell, R., & Brown, G.S. (2005). The partners for change Outcome management system. *Journal of Clinical Psychology, 61(2)*, 199-208.

Some multiple-choice-questions or an open-ended question about the workshop (to be evaluated by each school separately, in case of 2/3 ECTS)

- Why is it important to measure treatment outcome?
- Describe some factors that may impact TOM results?

Logistic Requirements of this workshop:

Beamer  
**(20 PC with internet connection)**